

***The Covenant of Our  
Congregation  
Adopted in 1962***

*We do hereby set forth the principles of the Christian faith as commonly held among us, believing that no other foundation can anyone lay than that which is laid, which is Jesus Christ.*

*It shall be our aim to bring joy to little children, instruction and high ideals to youth, inspiration to men and women in the midst of life, and comfort to those in life's later years; and to labor together for the betterment of humankind.*

*Our fellowship shall not be dependent upon identity of theological opinion, or of outward circumstance, or of denominational concern, but shall grow from a common loyalty to Jesus, a common commitment to serve the world we touch, and a common purpose to do justly, to love kindness, and to walk humbly with God.*

*Our ideal is a church of the open mind, the warm heart, the hopeful spirit, and the social vision which ever seeks to express, in all walks of life, the mind of Jesus.*



The deeper we look

The more likely

we find

sadness

September 15, 2013

Welcome Union Presbyterian Church



***First Reformed Church***  
8 North Church Street  
Schenectady, New York 12305  
(518) 377-2201 [www.1stReformed.com](http://www.1stReformed.com)

## **Welcome to First Reformed Church**

*We are a welcoming and affirming congregation and absolutely everyone is invited to our worship, activities, and service.*

If you are a first time visitor we hope you feel at home here. Please fill out a little white pew card and place it in the offering plate and join us after the service for coffee and refreshments. The welcome tables at the entrance to the sanctuary and in Assembly Hall have some helpful church information.

### **Parking**

You may park in **any** of the lots around the church or the Stockade Inn on Sunday mornings.

### **Need Help?**

Large print bulletins and audio receivers are available to assist you. Please ask an usher. Special bulletins for children are also available. Restrooms are located out the front right doorway of the sanctuary; a baby changing station is in the women's bathroom.

### **Non Emergency Number**

Schenectady Police: 518-382-5200

### **Elders in Worship**

Past and current leaders we call 'Elders' walk in together at the beginning of worship and sit in the front pew. This is to identify them as servants of the mission of the church and make it easy to see who you might talk to about the life of our congregation.

### **Joining the Congregation**

To become a member of the congregation, there is a one-time orientation, a meeting with the governing board, and a reception in worship. If you are interested in the next orientation please fill out a white pew card.

### **Communion**

Our congregation celebrates the Lord's Supper on the first Sunday of the month. All followers of Christ are invited to share this meal.

### **Child Care on Sunday**

Childcare for babies through age four is available from 10am and noon in Kinderwyk, which is located in the building near the church office entry.

### **Summer Church School**

All children in grades K-8 are welcome to join in our Church School activities by leaving immediately after the Children's Message. Parents can pick up their children after worship on the 2nd floor at the top of the stairs.

### **Church School On Communion Sundays**

On Communion Sundays (the first Sunday of the month) youth in grades 3-8 remain in the service to participate in Communion while those in grades K-2 are welcome to go upstairs after the Children's Message for music and crafts.

### **Children's Worship Bulletins**

Special bulletins for children, ages 3-6 and 7-12 are available each Sunday. If the ushers are not handing them out, just ask for one.

### **After Worship**

Typically after worship, people stop for a chat and refreshments in Huntley Garden (weather permitting) before going to a learning opportunity that lasts until noon. Visitors are welcome to join in.

### **Service Online**

A recording of each of our worship services is at [1stReformed.com](http://1stReformed.com) one or two days following the service.

### **Lost and Found Basket**

We have a lost and found basket in the Narthex at the Union St. entrance of the church. If you have lost/misplaced an item at church, please check there.



**\*THANKSGIVING #591**

Praise God from whom all blessings flow,  
Praise Christ all people here below, Praise  
Holy Spirit evermore, Praise Triune God  
whom we adore. Amen.

**\*PRAYER OF DEDICATION**

**PRAYERS OF THE PEOPLE**

**THE LORD’S PRAYER** *(unison)*

Our Father, who art in heaven, hallowed be thy  
name. Thy kingdom come, thy will be done, on  
earth as it is in heaven. Give us this day our  
daily bread; and forgive us our debts, as we  
forgive our debtors; and lead us not into  
temptation, but deliver us from evil. For thine  
is the kingdom, and the power, and the glory,  
forever. Amen.

**\*RECESSIONAL HYMN #383**

*My Faith Looks Up to Thee* Olivet

**\*CHARGE AND BENEDICTION**

**CHORAL RESPONSE** *Threefold Amen*  
Dale Wood

*To enjoy the Postlude please remain seated*

**POSTLUDE** *Allegro*  
Joseph-Hector Fiocco (1703-1741)

+ + +

**Music Note**

Our Response of Praise is a joyful declaration  
which comes to us via John Bell of Scotland, who  
first heard the tune at the Sunrise Hospice in S.  
Africa. Words and transcription copyright 2008  
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**Prayers of the People**

Requests for prayer may be noted on a pew card  
and placed in the offering plate. We pray regularly  
for those who are ill, those who serve their  
country, those who hunger, and those who are our  
enemies. As part of our prayers this morning, we  
remember with thanksgiving members of this  
congregation who entered eternal rest in previous  
years about this time:

*George Vlahides*

If you are aware of a departed member, whose  
name has not been noted near the anniversary of  
their death, please speak with one of our ministers  
or contact the church office.

**Celebratory or Memorial Flowers**

A flower calendar is posted on the right side of the  
Poling House entrance to the sanctuary wherein  
you can choose a date for donating chancel  
flowers to remember a loved one or to honor a  
special event. Please inform the office of your  
wishes. The cost of the flowers is \$30 for the two  
bouquets. You may send your check payable to  
Chancel Guild, c/o Marlene Risseeuw, 2140  
Niskayuna Dr., Niskayuna, NY 12309.

**Magnetic or Clip-On Name Tags**

If you do not have a name tag and would like one,  
please indicate that on a white pew card and place  
it in the collection plate. The following Sunday  
please check the door (alpha order) by the Poling  
Chapel.

**Communion Class Starts Today**

This class is offered to our third graders AND any  
older children who want to learn about the Lord's  
Supper. Classes will be held today, Sept. 15, 22  
and 29 during church school. The students will  
help prepare the elements on Oct. 6 and will  
celebrate World Wide Communion with the  
congregation.

### **In Search of Potential Stephen Ministers**

We're delighted this morning to formally commission Maria G. Todd and Vernetta Thuener as our new Stephen Leaders! They join Daniel Carlson as members of the Stephen Leader Team, responsible for training, leading, and serving Stephen Ministers in their one-to-one, confidential ministries of care to anyone going through a difficult time in life--and who doesn't have these! In view of the need for competent care givers and anticipating our upcoming training course, we are now seeking potential Stephen Minister candidates--from FRC and UPC! Interested? Talk with any Stephen Leader after worship or pick up a brochure and/or application on the Stephen Ministry bulletin board, located next to the Faith Bookshop. This year's training will be held Monday evenings, mid Oct. through mid Dec. Feel free to call Maria, 421-0026, Vernetta, 355-2543, or Daniel Carlson, 377-2201 with any questions you may have regarding this valued ministry.

### **Post Service Refreshments**

Starting today, we will return to having post service refreshments in Assembly Hall. We are always looking for volunteers to bring in food! It can be cookies, cheese and crackers, fruit, or anything you want. There is a sign-up sheet in Assembly Hall. Food should be brought around 9:30am, unless it is already set up on a platter. If any questions, please contact Heather Chestnut at 346-7887.

### **Forum**

Held after worship each Sunday, the aim of Forum is to provide stimulus to the congregation on current events or issues important to the community and world at large through informative presentations and conversation. Suggestions for programs are welcome from any committee or member; simply contact Joe Doolittle (384-1700) or the church office by phone or e-mail [1streformedpub@gmail.com](mailto:1streformedpub@gmail.com).

**Today:** Introduction to Orff instruments and Handbells **in the Sanctuary** (see article below)

**Sept. 22:** Welcome and Introduction of our new Covenanters; Rev. Stacey Midge

**Sept. 29:** What's new with our Albany Synod; Rev. Abby Norton-Levering, newly appointed Ministry Coordinator

### **Experience Orff and Handbells 'Hands On'**

No musical training necessary! Please join us **in the Sanctuary for Forum** today for a participatory introduction to Orff instruments and handbells. This will be your chance to find out more about the wonderful world of toned percussion instruments.

### **Sunday Adult Classes**

This year, in addition to Forum, there will be classes after worship for adult to reflect on the theme of the service, or to delve into some new topics. In Sept., Dr. Levering will lead an after-worship class on the Feelings of Faith, which is the worship theme of the month. The classes will be held in Poling Conference room right after a quick cup of coffee and will end promptly at noon. Childcare is provided.

**Today:** Feelings & Faith: Sadness

**Sept. 22:** Feelings & Faith: Fear

**Sept. 29:** Feelings & Faith: Love

### **Junior High - Senior High Youth Groups**

The Youth Groups will kick off the year by participating in the North Star Peace Walk today. **We will leave from church at 1pm** (see article below).

We will resume our regular meetings on Sept. 22 at 5pm with a picnic for all youth in grades 6-12 and their parents. Please bring a dish to share.

**In a change from last year**, ALL youth will meet from 5-7pm on Sunday nights unless otherwise noted, dividing into Junior and Senior High groups for most activities. The Senior High will also go on an annual mission trip.

### **North Star Peace Walk – Today**

The Interfaith Alliance of NYS and the Fellowship of Reconciliation will host the North Star Peace Walk today, Sept. 15 at 2pm, which will begin in

the parking lot of Congregation Beth Emeth, 100 Academy Road, Albany, NY. The purpose of the walk is to use the positive energy in our country among religious and secular groups to transform our communities and to allow people to provide witness to reaffirming the common roots of our different religious and cultural traditions.

The 2.2 mile route of the Walk will include stopping at various houses of prayer: Quaker Meeting House, Church of God of Prophecy, St. Mary's and St. George's Coptic Orthodox Church, First Lutheran Church/Capital Area Council of Churches, Morning Star Missionary Baptist Church, Victory Christian Church, The Shrine of Our Lady of the Americas, and the Masjid As-Salaam, 276 Central Ave., Albany, NY will be the final stop.

This will be a multi-generational, non-political event and group/congregational banners and non-political signs of peace are welcome. The event is free of charge and white clothing and comfortable shoes is the suggested attire. Water bottles are recommended.

### **Jazz Vespers Every Sunday, 5pm**

**Today:** Peg Delaney, piano; Bill Delaney, bass; Tom D'Andrea, drums

**Sept. 22:** Paul Mastriani, piano

**Sept. 29:** Scott Bassinson, piano

**Oct. 6:** Nat Phipps, piano; Mike Lawrence, bass; Tom D'Andrea, drums

**Oct. 13:** 'Azzaam Hameed, piano

### **Kinderwyk - Childcare**

We need church members that are 18 and over to help our professional staff care for our youngest members during worship. Fill out a pew card and place it in the offering plate to let us know you would like to be a part of this ministry. Following a required background check the church office staff will contact you to schedule the Sundays you are willing and available to serve.

### **Faith Bookshop**

Have you visited the church Bookshop which is open after Sunday services and located across

from the library? It's a nice place to browse, meet new friends and purchase unique items and reasonably priced books. The Bookshop also carries Equal Exchange coffee, tea and chocolates.

### **Johnson Library**

Make Sunday sermons more meaningful by learning more about the characters in the bible. Check out our display tables for insights into the Old and New Testament, for children and adults. Understand how the people of ancient times are like us, and how their struggles are our own. Take a few minutes. There's more inside.

### **What's Your Story?**

Beginning Sept. 16 (and continuing every third Monday through December) those interested in taking turns telling and listening to real life stories will meet in the Dirck Romeyn room at 10am. Some may decide to go out to lunch together afterward. Contact either Ginny Laumeister (381-4201) or Daniel Carlson by noon today to sign up for this venture.

### **Support & Care**

On Tuesday, Sept. 17 the Support & Care Committee will meet at 11am in the Dirck Romeyn Room. Thereafter they meet every third Tuesday same time and place. If anyone is interested in joining this committee, please contact either Daniel Carlson at the church or Ronnie Bartholic at 393-7679.

### **Tuesday Ladies**

We will meet every third Tuesday at 7:30pm beginning Sept. 17, location to be announced. All ladies are welcome. Please call Connie at 393-7061 if you have any questions or for more information.

### **Back-To-Church School Night**

Your child's school has a back-to-school-night so why not church school? On Wednesday Sept. 18 from 7pm to 8pm come and hear our goals for the year. See artwork and stories scribed by your children. Experience a bit of our curriculum. Maybe ring a few chimes! Refreshments too!

### **Breakfast Bible Bunch**

Dr. Levering leads an early morning Bible reflection at 7:30am Thursday mornings in the Walton Conference room. The Bible study will review a text to be used the following Sunday, expose a little background of the passage, and mostly delve into its relevance to us. Coffee and carbs will be served. More if you are lucky. We will be finished at 8:30am for those who work.

### **Stitch Group**

Complete your \*PHD with the Stitch Group. We meet every Thursday at 10am in the Poling Conference room. Join us whenever you can. For more information call Joan Lindsay at 399-3153. (\*PHD - Projects Half Done)

### **Horizons – Bible Study Is For All**

All are welcome to join Horizons Bible Study class on Tuesday mornings, from 10:30 to 11:30am in the Poling Conference room. Although it is sponsored by the UPC Women's Association, we welcome ALL – men and women. The study is on *An Abiding Hope: The Presence of God in Exodus and Deuteronomy*. Study book is available from the Church Office or Rev. Ruth Kuo.

Please join us for a cup of tea, interesting discussion, and an opportunity for sharing and strengthening faith.

### **Yoga at FRC**

Douglas Goodbee, certified in Kripalu/Hatha E-RYT and athletic yoga, teaches every Thursday at 6:45pm usually in Assembly Hall. The classes cost \$10 for members and \$15 for non-members. This class is for everyone at any level, singles, families, and seniors. Bring a mat and wear loose clothing. Questions: contact Douglas at 229-7291 or e-mail [dagoods1@gmail.com](mailto:dagoods1@gmail.com).

### **Group VII**

On Friday, Sept. 20 at 11:30am Group VII will meet for a luncheon at the Mohawk Golf Club at 1849 Union Street in Schenectady. If any questions, please contact Ronnie Bartholic at 393-7679.

### **Doctoral Studies**

Daniel Carlson will be in Chicago from Sept. 21 through Sept. 28 in order to continue his course work.

### **Orff Instruments**

We are an intergenerational group that encourages all ages to participate. Best of all you do not have to have previous musical experience! We will show you HOW TO DO IT! Regular rehearsals will be following Sunday service from 11:15am to noon beginning Sept. 22 in the Music Office (off of the library).

### **The Evening Circle's Dining Out**

All Women of UPC & FRC are welcome on Wed., Sept. 25 at 6:30pm at the Jasmine Thai Restaurant on 2717 Broadway in Schenectady.

Come fellowship together and get to know one another. Sign up at the Assembly Hall announcement board. A Menu and car pool are available. For more information, please contact Grace Hillers at [gracehillers@gmail.com](mailto:gracehillers@gmail.com)

### **Prayer Shawl Knitting**

We will meet on Thursday, Sept. 26 at 9:30am at the home of Ronnie Bartholic. If any questions, please contact Ronnie at 393-7679.

### **Fellowship Potluck Luncheon**

Union Presbyterian Church has had a Fellowship Potluck Luncheon once a month for years. That practice will continue and it is open to friends at First Reformed Church. The first luncheon will be Friday, Sept. 27 at 11:45am in Assembly Hall. If you can join us, please bring a casserole or a salad to share. Dessert and beverages will be provided. We frequently have a program but for this first luncheon, we thought a get acquainted event would be more appropriate. We are looking forward to a good turnout – a reunion for some and a new experience for others. Although reservations are not necessary, let us know if you can make it or help out by signing-up in Assembly Hall, calling the church office, or Sally Bestgen at 346-0304.

## **53<sup>rd</sup> Stockade Walkabout**

Our church will be open **Saturday, September 28** from 11am to 5pm. Come and welcome visitors to our architectural and historical landmark.

Greeters/guides are needed for 3-hour shifts: 9:30-12:30pm, 12-3pm, 2:30-5:30pm, which includes help setting up, running taped background music, selling items, and closing. Volunteer sign-up sheets and Walkabout brochures are on bulletin boards, information racks, in church office, or call Laura Lee Linder, 882-6866. Please let us know if you have an activity, program, display, or such, for people to do or see as they tour First Reformed Church.

During the Walkabout we also have our Hospitality Room in Assembly Hall with complimentary beverages and delicious heritage pastries. The pastry? Dutch "banket." What Scottish pastry shall we have? Please find volunteer sign-up sheets to help bake pastries on **Friday, September 27** from 3pm till evening and/or to help with hospitality during Walkabout day. Or you may contact Mary Jewett at 355-8059.

Walkabout tickets are \$20 in advance and \$25 on Walkabout day. They are available at Open Door Bookstore, Schenectady County Historical Society, Kulak's Nursery, and Proctor's, or online at [www.historicstockade.com](http://www.historicstockade.com). Volunteers of at least 2½ hours earn a free Walkabout ticket.

## **Bibles to Third Graders**

As is our tradition, third graders will receive their Bibles during the Children's Message on September 29. If there is a third grader about who you think we may not know about, please let us know.

## **Creation Care Committee**

Only for this September meeting will we meet on Monday, Sept. 30 at 7pm in the church office. Normally our meetings are every fourth Monday and will resume as such in October.

## **Klokken Tower Ringers**

Our rehearsal time begins sometime in Oct. on Mondays from 7pm to 8:30pm, actual date tba. We are open to change and willing to entertain other times to practice in order to accommodate additional ringers. Contact Judy Moore at [Moorebells@gmail.com](mailto:Moorebells@gmail.com) with questions.

## **Kerygma Conversations to Begin in October**

All are welcome to this ongoing and open group each Wed. morning, 9:30 to 11am, to explore the meaning and application of the gospel for our lives. Beginning Wed., Oct. 2 and concluding Dec. 18, we'll be considering the nature and complexities of four foundational community practices: gratitude, promise keeping, telling the truth, and hospitality. *Living into Community: Cultivating Practices that Sustain Us* is the excellent book we'll use as the springboard to our lively conversations. The books are now available for review/purchase in the Faith Bookshop. Those with questions may contact Daniel Carlson.

## **Midweek Evening Prayer**

Our contemplative Wednesday evening service at 7 to 7:45pm, will resume Wednesday, October 2. The quiet, candle lit chapel, beautiful guitar preludes, gently accompanied singing, guided reflections on Scripture, Holy Communion, spoken and silent prayers are all elements of this lovely service, intended to rekindle awareness of God's loving presence abiding within us and all creation. Please contact Daniel Carlson with any questions regarding this midweek worship opportunity.

## **Blessing of the Pets**

Bring your furry, finned, or feathered friends to church! We will be blessing our animal companions and celebrating God's creation on Saturday, October 5 at 3pm. In the past we have blessed many dogs and cats (some who remained at home and were blessed from a distance), a ferret, and even a snake. Please make sure to have your pets leashed or otherwise contained for the safety of all.

## **Unity Festival on World Communion Sunday**

To celebrate the cooperation of Union Presbyterian Church and First Reformed Church, Schenectady, Oct. 6 will be set aside for great festivities. The first Sunday in Oct. has been observed as World Communion Sunday by both churches and this year will be a great witness to God's work that calls us to new vistas.

After an exciting worship service, we will go to a special luncheon at the Lighthouse Restaurant where we will all say nice things about each other and our God that has arranged such a wonderful match between our congregations. All are invited to the luncheon and an offering will be taken at the event. It is important that we know who is coming, so please **RSVP** at any time to 377-2201. Feel free to leave a message.

## **A Reminder - October 20 Book Fair**

It's not too early to rummage through your home library to find books that need a new home. Why not donate them to our church Book Fair? Fiction, non-fiction, children's (no college text books, please.) They maybe just the books you have been looking for. We're beginning to collect books and will store them in the Poling Conference Room, opposite our church library. If you'd like to be part of the Fair in some capacity, see or call Linda Witkowski 374-7904.

## **Musicians of Ma'alwyck**

Presents Phantasmagoria

The first concert of the Musicians of Ma'alwyck is our biannual Macabre Music program, scheduled for Friday October 25 at 7pm at First Reformed Church, this year features the world premiere of Jeffrey Brody's Phantasmagoria (which takes its title from a late 18<sup>th</sup> century form of theater that projected scary images such as skeletons and ghosts onto the stage - and we will be having some 18th century magic lantern effects included) for tenor, harp and strings. Other works on the program include "scary" pieces of Villa-Lobos, Gliere, John Williams and Nicolai Jomelli (from his very popular Haunted Tower musical pastiche of the late 1700s). The program concludes with

our signature arrangement of Danse Macabre this year featuring a live music video made by students of Proctor's Reel-to-Reel summer film institute (I cannot wait to see what they come up with). Host of the evening will be actor Brian Massman, in the role of a 19th century cemetery caretaker. All performers will be in costume. Please feel free to attend in costume yourself. Tickets are \$25 for adults and \$10 for students. Call 518/377-3623 or visit [www.musiciansofmaalywck](http://www.musiciansofmaalywck) for more information.

## **Art Placement Team**

The Property Committee is looking to form a group to find perfect places for some of the art that Union Presbyterian Church has brought to us and some other art that has not found a good home here. If you are interested, please make a note on a white pew card in worship and place it in the offering plate. UPC and FRC members sought.

## **Committees Need You**

There are committees for almost anything you can think of here and FRC members, UPC members and just anyone who drifts in are welcome to join in the fun. If you would like to help make decisions or do stuff, just write a note on a white pew card in worship and someone will follow up. We particularly need Mission Schleppers to help haul food and clothing to the right places from our collection bins.

## **Church Facility Tour**

If you are new to our church building and would like a brief tour, every Communion Sunday there will be someone to show you around immediately following a cup of coffee. Meet in front of the church office.

## **Chancel Choir**

Chancel Choir is looking forward to new faces and new energy thanks to our joint venture with Union Presbyterian Church. Additional voices are always welcome. Contact Julie Panke, Director of Music at 518-370-5434, or come to a rehearsal on Thursdays at 7:30pm in the downstairs choir room.

### **Vocal Ensembles Now Forming**

Love to sing but can't commit to weekly Thursday night choir rehearsals? Our new Artistic Coordinator, Corine Salon will be forming small groups (duets, trios, quartets) to sing in Sunday worship services. If interested contact Julie Panke (kirkechor@earthlink.net) or Corine Salon (csalon@nycap.rr.com) to indicate your interest.

### **Small groups - Stepping Forward in Faith**

Member groups, with common interests are currently being formed so that everyone can learn about this year's stewardship campaign *Stepping Forward in Faith*.

#### **Groups being formed are:**

- Young Families
- Young (-40) Singles
- New Members,
- Pillars of the Church
- Music Lovers
- Wise and Single
- UPCers

#### **Folks interested in:**

- Mission and Outreach
- Pastoral and Congregational Care
- Adult Education

There will also be a Sunday Morning Miscellaneous Group. At these gatherings a short video will be shown followed by time for discussion and questions, and of course refreshments. Sign-up sheets are posted in Assembly Hall. These groups will usually meet in homes in the evening for dessert, a short video, and a bit of discussion. No pledges will be collected at the meetings.

### **Church School**

We are in need of teachers and helpers. See below for spots still needed. You do not need to have teaching expertise or scholarly biblical knowledge, everything is provided for you - ideas, materials (even the snack). We can do a group teacher orientation or one-on-one, whichever you prefer. We have WONDERFUL kids at church and here is the perfect opportunity to get to know them!

### **Winter: Dec. 1 – Feb. 23**

Grades: K-2; 6-8

### **Spring: Mar. 2 – May 11**

Grades: K-2; 3-5; 6-8

If teaching isn't your thing, there are lots of other ways for you to be involved - (look for the list posted upstairs on the bulletin board outside room 20). Contact Jamie Ipsen 399-6848 to let her know where you can best help or if you have any questions.

### **Youth Music Groups**

**Carol Choir:** grades K-2 meet upstairs in room 20 the first Sunday of each month during regular church school

**Kirk Ringers (sometimes Singers):** grades K-6 meet upstairs in room 20 each Sunday from 11:20 - noon

**Youth Orchestra:** open to anyone who has played an instrument for 2 years or longer. Meets upstairs in room 20 each Sunday 4-5pm

**Basic Boomwackers:** All ages! Cool rhythm group.

**High School Choir:** grades 9-12. Meet upstairs in room 20 at 9:15am each Sunday. Dates and times for rehearsals may change depending upon the availability of the group.

### **Sign-Ups For Church Events**

All Church event sign-ups can be done by:

- The Board in Assembly Hall
- Contacting coordinator of event
- Calling the church office at 377-2201
- Filling out a white pew card
- E-mailing: 1streformedpub@gmail.com

	<b>This Sunday</b>	<b>Next Sunday</b>
<b>Counting Deacons</b>	David Bundy, Becky Grande	Linnea D’Andrea, Gay Doolittle
<b>Faith Bookshop</b>	Virginia Laumeister	Committee Member
<b>Flower Delivery</b>	Virginia Laumeister, John & Cynthia Phillippe	TBA
<b>Greeters</b>	Cathy & Brad Lewis	Joanne Bedell
<b>Kinderwyk</b>	Sarah Bachorik	Sarah Bachorik
<b>Liturgist</b>	Daniel Carlson	Stacey Midge
<b>Preacher</b>	Bill Levering	Bill Levering
<b>Processing Elders</b>	Rob Dickson, Keith Muse, Bill Ward, Gene Zeltmann, Christine Daniels, Cathy Lewis	Mary Jewett, Peggy King, Keith Muse, Darwin Brudos, Tom Lindsay, Linda Witkowski
<b>Reader</b>	Nancy Davidson	Therese McCarty
<b>Refreshments</b>		
<b>Usher</b>	Bill Clock (head usher), Cathy Allen, Robert Allen, Joe Gallagher, Maurice Robbins	Del Pierce (head usher), Karen Dickson, Rob Dickson, Michael Horan, Victoria McGowan-Horan

## Sunday, September 15

- 9:00 am ..... Chancel Choir Rehearsal
- 9:15 am ..... High School Choir
- 10:00 am ..... Worship
- 10:15 am ..... Church School for K-8
- 11:00 am ..... Refreshments
- 11:15 am ..... Forum and Adult Class
- 11:15 am ..... Kirk Ringers
- 11:30 am ..... Women's Assoc. Team
- 4:00 pm ..... Youth Orchestra
- 5:00 pm ..... Jazz Vespers

## Monday, September 16

- 9:00 am ..... Mens News Group
- 10:00 am ..... What's Your Story?

## Tuesday, September 17

- 10:00 am ..... Morning Prayer
- 11:00 am ..... Support & Care
- 6:00 pm ..... CRTC

## Wednesday, September 18

- 1:00 pm ..... Thursday Belles
- 7:00 pm ..... Back to Church Schl Night

## Thursday, September 19

- 7:30 am ..... Breakfast Bible Bunch
- 10:00 am ..... Stitch Group
- 10:30 am ..... Horizons Bible Study
- 6:45 pm ..... Yoga
- 7:00 pm ..... Stephen Ministry Meeting
- 7:30 pm ..... Chancel Choir

## Sunday, September 22

- 9:00 am ..... Chancel Choir Rehearsal
- 9:15 am ..... High School Choir
- 10:00 am ..... Worship
- 10:15 am ..... Church School for K-8
- 11:00 am ..... Refreshments
- 11:15 am ..... Orff Rehearsal
- 11:15 am ..... Forum and Adult Class
- 11:15 am ..... Kirk Ringers
- 4:00 pm ..... Youth Orchestra
- 5:00 pm ..... Jazz Vespers

You cannot protect yourself from sadness without protecting yourself from happiness.

~ Jonathan Safran Foer

there are two types of people in the world: those who prefer to be sad among others, and those who prefer to be sad alone. ~ Nicole Krauss, *The History of Love*

Tears are words that need to be written. ~Paulo Coelho

any fool can be happy. It takes a man with real heart to make beauty out of the stuff that makes us weep. ~ Clive Barker, *Days of Magic, Nights of War*

Don't be ashamed to weep; 'tis right to grieve. Tears are only water, and flowers, trees, and fruit cannot grow without water. But there must be sunlight also. A wounded heart will heal in time, and when it does, the memory and love of our lost ones is sealed inside to comfort us. ~ Brian Jacques, *Taggerung*

There is no point treating a depressed person as though she were just feeling sad, saying, 'There now, hang on, you'll get over it.' Sadness is more or less like a head cold- with patience, it passes. Depression is like cancer. ~ Barbara Kingsolver, *The Bean Trees*

Tears shed for another person are not a sign of weakness. They are a sign of a pure heart. ~ José N. Harris, *MI VIDA*

There is some kind of a sweet innocence in being human- in not having to be just happy or just sad- in the nature of being able to be both broken and whole, at the same time. ~ C. JoyBell C.

Give sorrow words; the grief that does not speak knits up the o-er wrought heart and bids it break. ~ William Shakespeare, *Macbeth*

There you go...let it all slide out. Unhappiness can't stick in a person's soul when it's slick with tears. — Shannon Hale, *Princess Academy*

The cure for anything is salt water - tears, sweat, or the sea. ~ Isak Dinesen, *Seven Gothic Tales*

I did not know how to reach him, how to catch up with him... The land of tears is so mysterious. ~ Antoine de Saint-Exupéry, *The Little Prince*

You can't keep the birds of sadness from flying over your head, but you can keep them from nesting in your hair. ~ Sharon Creech, *Walk Two Moons*