

***The Covenant of Our
Congregation
Adopted in 1962***

We do hereby set forth the principles of the Christian faith as commonly held among us, believing that no other foundation can anyone lay than that which is laid, which is Jesus Christ.

It shall be our aim to bring joy to little children, instruction and high ideals to youth, inspiration to men and women in the midst of life, and comfort to those in life's later years; and to labor together for the betterment of humankind.

Our fellowship shall not be dependent upon identity of theological opinion, or of outward circumstance, or of denominational concern, but shall grow from a common loyalty to Jesus, a common commitment to serve the world we touch, and a common purpose to do justly, to love kindness, and to walk humbly with God.

Our ideal is a church of the open mind, the warm heart, the hopeful spirit, and the social vision which ever seeks to express, in all walks of life, the mind of Jesus.



July 1, 2018

*First Reformed Church
8 North Church Street
Schenectady, New York 12305
(518) 377-2201 www.1stReformed.com*

Welcome to First Reformed Church
We are a welcoming and affirming congregation and absolutely everyone is invited to our worship, activities, and service.



If you are a first time visitor, we hope you feel at home here. Please fill out a little white pew card and place it in the offering plate and join us after the service for coffee and refreshments. Stop by a welcome table at the entrance to the Sanctuary.

After Worship

Typically, after worship, people stop for a chat and a cookie in the Dirck Romeyn room before going to a learning opportunity that lasts until noon. Visitors are welcome to join in.

Columbarium Accessible on Sundays

Those wishing to visit the columbarium during construction may do so on Sunday mornings from 11-11:30am. Our sexton, Tom Mahan will be stationed at the church office entrance to provide safe passage to the columbarium.

Communion

Our congregation celebrates the Lord's Supper on the first Sunday of the month. All followers of Christ are invited to share this meal.

Non-Emergency Number

Schenectady Police: 518-630-0911

Parking

You may park in **any** of the lots around the church or the Stockade Inn on Sunday mornings.

Elders in Worship

Past and current leaders we call 'Elders' walk in together at the beginning of worship and sit in the front pew. This is to identify them as servants of the mission of the church and make it easy to see who you might talk to about the life of our congregation.

Restroom

If you are looking for a first floor handicap accessible restroom the Mohawk House is open.



Hearing Assistance

We have a hearing aid loop system that will make it easier to hear. Ask an usher.

Joining the Congregation

To become a member of the congregation, there is a one-time orientation, a meeting with the governing board, and a reception in worship. If you are interested in the next orientation, please fill out a white pew card.

Mohawk House Coffee Area

Open from 9am-3pm on Monday-Friday.

Child Care on Sunday - Kinderwyk

Childcare for children through Pre-k is available from 9:45am until noon downstairs in Friendship Hall.

Church School

All children in grades K-8 are welcome to join in our Church School activities by leaving immediately after the Children's Message. Parents can pick up their children at 11:15am in the Walton House (church office entrance.)

Church School on Communion Sundays

On Communion Sundays (the first Sunday of the month) youth in grades 3-8 remain in the service to participate in Communion. Those in grades K-2 are welcome to join church school after children's message.

Children's Worship Bulletins

Special bulletins for children, ages 3-6 and 7-12 are available each Sunday. If the ushers are not handing them out, just ask for one.

Service Online

A live stream of the worship service as well as some of the past services can be found at 1stReformed.com.

Parking Reminder

Our handicap parking lot is designated for contractors Monday-Friday. Please park in our other two available lots. Also, please leave the spaces in front of the church open on Sundays for drop off.

Sixth Sunday after Pentecost

July 1, 2018

*The congregation may stand.

PRELUDE Avery Tunningley

10:00 a.m.

GREETING Bill Levering

The grace of Christ be with you.

And also with you.

ANNOUNCEMENTS

CALL TO WORSHIP

*HYMN *Joyful, Joyful, We Adore Thee* #464

*OUR NEED FOR GOD

Gracious God, our mistakes are too heavy to carry, too real to hide, and too deep to undo. Forgive what we fear to name, what we cannot bear, and what feels like eternal punishment. Set us free from a past we cannot change and open to us a future in which we can be changed into whole and holy reflections of your Christ. Amen.

*GOD'S FORGIVING LOVE

*RESPONSE OF PRAISE (*unison*)

Halle, halle, halle, lu-jah!

Halle, halle, halle, lu-jah!

Halle, halle, halle, lu-jah!

Hallelujah! Halle, lu-jah!

*AFFIRMATION OF FAITH

The Apostles' Creed - Ecumenical version

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered

under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

*PASSING THE PEACE

MUSICAL OFFERING Rachel Rose

O Divine Redeemer Charles Gounod

Ah! turn me not away, receive me tho' unworthy.

Hear Thou my cry, Behold, Lord, my distress!

Answer me from thy throne,

Haste Thee, Lord, to mine aid,

Thy pity show in my deep anguish!

Let not the sword of vengeance smite me,

Tho' righteous thine anger, O Lord!

Shield me in danger, o regard me!

O divine Redeemer! I pray thee, grant me pardon,

and remember not my sins. Forgive me,

O divine Redeemer. I pray thee, grant me pardon,

and remember not O Lord, my sins.

Night gathers round my soul; Fearful, I cry to Thee;

Come to mine aid, O Lord!

Haste Thee Lord to help me!

Hear my cry! Save me, Lord, in thy mercy.

Hear my cry! Come and save me, O Lord.

O divine Redeemer! I pray thee, grant me pardon,

And remember not, O Lord, my sins.

Save in the day of retribution,

From Death shield thou me, O my God!

O divine Redeemer, have mercy! Help me, my savior!

FIRST LESSON Amy Brule

Guide us, God, by your Word and Holy Spirit.

Amen.

Psalm 130 (pg 573)

CHILDREN'S MESSAGE

SECOND LESSON *Mark 5:21-43* (pg 39)

SERMON *Pesky Women* Bill Levering

*HYMN *There Is A Balm In Gilead* #394

OFFERING

OFFERTORY Rachel Rose

How Great Thou Art Stuart K. Hine

O Lord my God! When I in awesome wonder
Consider all the works Thy hand hath made.
I see the stars, I hear the rolling thunder,
Thy power throughout the universe displayed.

Then sings my soul, my Saviour God, to Thee:
How great Thou art, how great Thou art!
Then sings my soul, my Saviour God, to Thee:
How great Thou art, how great Thou art!

When through the woods
and forest glades I wander
And hear the birds sing sweetly in the trees;
When I look down from lofty mountain grandeur
And hear the brook and feel the gentle breeze:

And when I think that God, His Son not sparing,
Sent Him to die, I scarce can take it in;
That on the cross, my burden gladly bearing,
He bled and died to take away my sin:

When Christ shall come with shout of acclamation
And take me home, what joy shall fill my heart!
Then I shall bow in humble adoration,
And there proclaim, my God, how great Thou art!

*DOXOLOGY #592
Praise God From Whom All Blessings Flow

*PRAYER OF DEDICATION

SACRAMENT OF THE LORD'S SUPPER

INVITATION and PRAYER

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise!

SANCTUS (unison) Carl Steubing

**Holy, holy, holy Lord God of Hosts,
heav'n and earth are full of Thy glory.**

Glory be to Thee, O Lord most high.

RECEPTION OF THE ELEMENTS

PRAYERS OF THE PEOPLE
THE LORD'S PRAYER (*unison*)

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

*HYMN #399
We Walk by Faith and Not by Sight

*BENEDICTION

POSTLUDE

+ + +

In Memoriam

The chancel flowers today are placed in the sanctuary to the glory of God and in loving memory of our husband, father & papa's birthday on June 26 from Susie, Laura Zeltmann-Smith & Grant Smith, John, Rebecca, Ben & Abby Zeltmann.

Prayers of the People

Requests for prayer may be noted on a pew card and placed in the offering plate. We pray regularly for those who are ill, those who serve their country, those who hunger, and those who are our enemies. As part of our prayers this morning, we remember with thanksgiving members of our church who entered eternal rest in previous years about this time:

*Peter J. VonHerrmann, Dorothy Langdon,
Linda Van Alstyne, Marjorie Frick, Belle Kozak,
Glenn Winchester, Dorothy Sanderson,
Chuck Greskovich*

If you are aware of a departed member, whose name has not been noted near the anniversary of their death, please contact the church office.

Celebratory or Memorial Flowers

Sign up for flowers in the church office where you can choose a date for donating flowers to remember a loved one or to honor a special event. The cost of the flowers is \$30 for two bouquets. You may send your check payable to Chancel Guild c/o Marlene Risseuw, 2140 Niskayuna Dr., Niskayuna, NY 12309.

SICM Summer Lunches

Summer Lunch at Quackenbush Park is underway and we now have a full schedule of helpers. Thankyou to everyone who volunteered.

Faith Book Shop

A year-long, spiral Daily Devotional collection was put together by Group V and wrapped with a beautiful bow ready to give as a meaningful gift to someone else or to keep for nurturing your own spiritual journey

Music Notes

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Kinderwyk

We are looking for a new staff member to work with our youngest members. In addition, we are compiling a list of volunteers for Kinderwyk for the summer and school year. We need an extra adult (over 18) in Kinderwyk each Sunday to keep FRC's child protection policies valid. Please find at least one Sunday this year to devote to this important child care. It's from 9:45am – noon.

Johnson Library

Three books have been added to the library's shelf. In *The Secrets of Wildflowers*, Jack Sanders shares wonderful superstitions as well descriptions of habitats and the essential roles of wildflowers in our environment. Dirk Hayhurst's book, *Out of My League*, tells the story of his life as minor & major league baseball pitcher in a very real & humorous way. *The Brothers Vonnegut* is in part a Schenectady & GE story since both Kurt, a great literary talent, and Bernard, a weather scientist, both worked at GE. The book is a cultural history of the 1950's seen through the lives of the two brothers.

Sunday Volunteers	This Week	Next Week
Bookshop	Bill Clock	Martha Winchester
Counting Deacons	David Bundy, Vickie McGowan-Horan	Sara Bachorik, Joan Lindsay
Flower Delivery	Inge-Lise Pangburn, Ellie Rowland	Jim Miller, Tom & Joan Lindsay
Jazz Vespers	Nat Phipps, piano; Pete Toigo, bass	Azzaam Hameed, piano
Liturgist		Daniel Carlson
Preacher	Bill Levering	John Barclay
Processing Elders	Amy Brule, Wayne Brule, James Gonda, Richard Rose	Birdie Blackmer, Peggy King, Thomas Lindsay, Vickie McGowan-Horan, Ellie Rowland, Katherine Trimarco
Reader	Amy Brule	Brad Lewis
Ushers	Art Shultes, Hendrick Arnold, Joanne Arnold, Jeanette Davidson, Don Davidson, Joan Lindsay	Michael Horan, Hannah Bachorik, Sarah Bachorik, Crystal Mongillo, Justine Ochal, Ralph Rosenthal

Coming Up
See the newsletter or call the church office for more information

Date	Time	Event	Description	Place
July 1	9:45am	Kinderwyk	Childcare for children through Pre-k, until noon downstairs in Friendship Hall.	Friendship Hall
	11:15am	FRC Orff Group	Children ages 4 and older and adults are welcome to join. No experience is necessary!	Sanctuary Balcony
	5pm	Jazz Vespers	Nat Phipps, piano; Pete Toigo, bass	Sanctuary
July 2	6pm	NAMI Course	The local chapter of the National Alliance for Mental Illness offers this free course in caring for a loved one with mental illness. Email namischenectady@gmail.com	Mohawk House Lunn
July 3	7pm	Short Short Writing	Writing group for 1000 words or less.	Mohawk House Lunn
July 4 – Independence Day, Office Closed				
July 7	9am	The FRC Sole Searchers	We will hike in a remote section of Thatcher Park in Voorheesville. Pack a lunch. RSVP to James at jgonda12309@gmail.com.	Church Parking Lot
	7:30pm	Summer Youth Event, and anyone else interested!	Loch Ness performed by the Adirondack Theatre Company including one of our many very talented youth, Gabby Pizzolo! Cost: \$28.50/ticket (if we can get a group of 10 or more) RSVP by July 1 to Dorothy so tickets can be to purchased 1stReformedEducation@gmail.com.	Charles R. Wood Theater, 207 Glen Street (Route 9), Glens Falls
July 8	9:45am	Kinderwyk	Childcare for children through Pre-k, until noon downstairs in Friendship Hall.	Friendship Hall
	11:15am	FRC Orff Group	Children ages 4 and older and adults are welcome to join. No experience is necessary!	Sanctuary Balcony
	5pm	Jazz Vespers	Tim Olsen, piano	Sanctuary
July 9	6pm	NAMI Course	The local chapter of the National Alliance for Mental Illness offers this free course in caring for a loved one with mental illness. Email namischenectady@gmail.com	Mohawk House Lunn
July 11	11:30am	First Things Volunteers	Help send off our Newsletter. Pizza will be provided. Anyone is welcome.	Mohawk House Lunn
	6pm	Fellowship Meal	Complimentary dinner & informal conversations shared before Contemplative Worship.	Dirck Romeyn
	7pm	Contemplative Worship	Reflective service of song, Scripture, communion, prayers, and Christ's peace.	Sanctuary
July 15	9:45am	Kinderwyk	Childcare for children through Pre-k, until noon downstairs in Friendship Hall.	Friendship Hall

Date	Time	Event	Description	Place
July 15	11:15am	FRC Orff Group	Children ages 4 and older and adults are welcome to join. No experience is necessary!	Sanctuary Balcony
	5pm	Jazz Vespers	Tim Olsen, piano	Sanctuary
July 16	6pm	NAMI Course	The local chapter of the National Alliance for Mental Illness offers this free course in caring for a loved one with mental illness. Email namisohenectady@gmail.com	Mohawk House Lunn
July 17	7pm	Short Short Writing	Writing group for 1000 words or less.	Mohawk House Lunn
July 18	7pm	Kerygma Summer Adventure	Reflections on and discussion of the experience of serving lunch to children who are hungry as part of SICMs summer lunch ministry.	
July 22	9:45am	Kinderwyk	Childcare for children through Pre-k, until noon downstairs in Friendship Hall.	Friendship Hall
	11:15am	FRC Orff Group	Children ages 4 and older and adults are welcome to join. No experience is necessary!	Sanctuary Balcony
	5pm	Jazz Vespers	Tim Olsen, piano	Sanctuary
July 23	6pm	NAMI Course	The local chapter of the National Alliance for Mental Illness offers this free course in caring for a loved one with mental illness. Email namisohenectady@gmail.com	Mohawk House Lunn
July 29	9:45am	Kinderwyk	Childcare for children through Pre-k, until noon downstairs in Friendship Hall.	Friendship Hall
	11am	Care & Prayer	Trained Stephen Ministers are available to sit with, listen to & pray for & with you.	Dykstra Chapel
	11:15am	Prayer and Support	Join us for a brief time of sharing concerns and praying in a confidential group every other Sunday. Please contact Karen Gonda with questions.	Mohawk House Lunn
	11:15am	FRC Orff Group	Children ages 4 and older and adults are welcome to join. No experience is necessary!	Sanctuary Balcony
	5pm	Jazz Vespers	Tim Olsen, piano	Sanctuary
July 30	6pm	NAMI Course	The local chapter of the National Alliance for Mental Illness offers this free course in caring for a loved one with mental illness. Email namisohenectady@gmail.com	Mohawk House Lunn
Aug 1	7pm	Adult Ukulele	Wednesdays, no experience is needed, call the church office to borrow a ukulele.	Mohawk House Pres
Aug 5	9:45am	Kinderwyk	Childcare for children through Pre-k, until noon downstairs in Friendship Hall.	Friendship Hall
	11:15am	FRC Orff Group	Children ages 4 and older and adults are welcome to join. No experience is necessary!	Sanctuary Balcony
	5pm	Jazz Vespers	Tim Olsen, piano	Sanctuary

“I’m here. I love you. I don’t care if you need to stay up crying all night long, I will stay with you. If you need the medication again, go ahead and take it—I will love you through that, as well. If you don’t need the medication, I will love you, too. There’s nothing you can ever do to lose my love. I will protect you until you die, and after your death I will still protect you. I am stronger than Depression and I am braver than Loneliness and nothing will ever exhaust me.”

— Elizabeth Gilbert, *Eat, Pray, Love*

“Poetry heals the wounds inflicted by reason.”

— Novalis

“And I felt like my heart had been so thoroughly and irreparably broken that there could be no real joy again, that at best there might eventually be a little contentment. Everyone wanted me to get help and rejoin life, pick up the pieces and move on, and I tried to, I wanted to, but I just had to lie in the mud with my arms wrapped around myself, eyes closed, grieving, until I didn’t have to anymore.”

— Anne Lamott, *Operating Instructions: A Journal of My Son's First Year*

“Listen to God with a broken heart. He is not only the doctor who mends it, but also the father who wipes away the tears.”

— Criss Jami

“do not look for healing
at the feet of those
who broke you”

— Rupi Kaur, *Milk and Honey*

“Being a woman is a terribly difficult trade since it consists principally of dealings with men.”

— Joseph Conrad, *Chance*

“Well-behaved women seldom make history.”

— Laurel Thatcher Ulrich, *Well-Behaved Women Seldom Make History*

“I would always rather be happy than dignified.”

— Charlotte Brontë, *Jane Eyre*

“What would men be without women? Scarce, sir...mighty scarce.”

— Mark Twain

“I hate to hear you talk about all women as if they were fine ladies instead of rational creatures. None of us want to be in calm waters all our lives.”

— Jane Austen, *Persuasion*

“There is a stubbornness about me that never can bear to be frightened at the will of others. My courage always rises at every attempt to intimidate me.”

— Jane Austen

Notes